A Directory of Resources and Programs in Washington State

Childhood Injury Prevention

March 2001



Office of Emergency Medical and Trauma Prevention

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For more information or additional copies of this report contact:

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Mary C. Selecky Secretary

Introduction

This directory was originally compiled in 1989 by the Washington Children's Safety Network, a group of organizations concerned with the prevention of injuries among children. The goal in publishing the directory is to encourage involvement in injury prevention programs by a wide variety of individuals and organizations within Washington State. This update has been prepared by the Washington Department of Health: Office of Emergency Medical and Trauma Prevention and the Washington State Injury Prevention Program.

Resources listed in this latest edition of the directory are up to date as of September 2000. They focus on the leading causes of childhood injuries and deaths in Washington:

Motor Vehicles—children as occupants and as pedestrians

Intentional Injuries—suicide, homicide and violence prevention

Drowning—natural bodies of water, swimming pools, and bathtubs

Burns/Scalds—all major burn types

Bicycles—helmet usage, bicycle safety and riding skills

Poisonings/Chokings—exposure to toxic substances, and choking on food and objects

Falls—falls from buildings and equipment, and falls in the home

The directory also has a section with general resources of programs, materials and contact people. It is designed to guide interested people toward a variety of resources, though every available resource is not listed. The organizations listed here also have some materials available for non-English speaking people. Community citizens and agencies are encouraged to develop and use materials that reflect the cultural diversity found in Washington State.

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General Facts and Information

The Childhood Injury Problem

Injuries are not "accidents". They are predictable and, therefore, preventable.

From age one, injuries are the leading cause of death among children and adolescents. Because injury is the leading cause of death among children and young adults, it surpasses all major disease groups as a cause of years of potential life lost. More years of future productive life are lost to injury than to heart disease and cancer combined. The impact of non-fatal injury is of similar proportions. (1)

Injuries are also responsible for significant long-term disability, economic disaster for individuals, economic burden for taxpayers (in 1985, 28 percent of all costs related to injury were paid for by taxpayers) (2), and unquantifiable grief and hardship for survivors and family caregivers. It is estimated that in 1994 in the United States, 62 million persons were injured. For children 5-14, half of all emergency department utilization in 1995 was for an injury. (3)

The injury problem in Washington State reflects the national picture. From 1994–1998 the five leading causes of injury death for children 0-19, in order of magnitude, were: motor vehicle crashes, (in which children were vehicle occupants), homicide, suicide, drowning, and pedestrian injuries. The numbers and rates vary for each cause by age group. See table on page 10.

Long and short-term disability (morbidity) due to injuries among children is different than injury deaths. There are many more non-fatal than fatal injuries. These non-fatal injuries have a large impact on the medical care delivery system, family system, educational system, taxpayer burden, and the individual's economic situation.

For children 0-19, the five leading causes of non-fatal injuries requiring hospitalization from 1994–1998 were: falls; motor vehicle crashes (occupant), suicide attempts/self injury, assault and bicycle crashes. Again, rates are different by age groups, as shown in the table on page 11.

Unintentional Injuries

Motor Vehicle Related Injuries

In Washington State between 1994 and 1998, 541 children age 19 and under were killed as a result of motor vehicle crashes (includes motorcycle). The 1997 death and injury rate for adolescents 15 to 19 years of age was 2.8 times the rate for the group overall. (4) Non-use or incorrect use of child car seats and seat belts, excessive speed, drinking and driving, and lack of driving experience are factors that contribute to these deaths. (5) It is estimated that if 90 percent of Washington drivers buckle up every time they drive, at least 17 lives and 456 disabling injuries will be prevented each year. With education about safe driving and driver responsibility, enforcement of traffic laws, and engineering changes in cars and roadways the overall rate of traffic deaths and injuries will continue to decline.

Drowning

Children 1-4 years of age and adolescents 15-19 years of age have the highest rate of drowning. For young children swimming pool drownings account for over half, bathtub drownings contribute one-fifth, and falls into water and other causes account for the remaining deaths in this age group. (8) Among adolescents 15-19 years, swimming and boating activities in open water account for most drownings.

The prevention of drownings in pools involves child-resistant pool covers, four-sided fences with self-closing and self-latching gates and supervision by a competent sober adult who can swim. Knowledge of cardiopulmonary resuscitation (CPR) and first aid is advisable for teens and adults. A poolside telephone with emergency numbers should be available.

Infants and toddlers can drown in just a few inches of water. They need to be supervised at all times while in a bathtub, sink, or wading pool. Playing around docks, boats and shores of natural bodies of water put a toddler at risk for falling in and drowning. The potential for an unintentional drowning is great and can happen very quickly. Life jackets provide a useful addition to supervision around open water.

Drownings among older children and adolescents in natural bodies of water present difficulties for prevention. Natural waters are less likely to be supervised or fenced. Hazards when swimming or playing around or in any natural body of water, include:

- using alcohol and/or other drugs
- submerged logs, rocks, or abandoned fishing line, drop-offs, river or salt water currents and undertows
- not using a personal flotation device (lifejacket) in deep, cold and/or turbulent water
- slipping into deep water or diving into shallow water (8)

Fires/Burns

In Washington from 1994 to 1998 among children ages 1-14, fires, burns and related asphyxia accounted for 68 deaths and 670 hospitalizations. The average cost of medical care for a hospitalized burn victim in this state is \$50,000.

The prevention of deaths and injuries due to fires focuses on education, technology and legislation. Smoke alarms are required to be installed in new home construction. The alarms reduce the potential of death in 86 percent of fires and the potential of severe injuries by 88 percent. Education is also needed so that homeowners keep detector in working order. Some areas use sprinkler systems in new residences. Enforcement of building codes and periodic inspections help identify and either eliminate or reduce hazards particularly in older, high-risk buildings. (5)

A major risk factor in house fires is cigarettes, which are estimated to cause 45 percent of all fires and a high percentage of the deaths. The technology is available to make fire-safe cigarettes that extinguish themselves in a short period of time if left unattended. It is estimated that nearly 2,000 deaths and more than 6,000 burn injuries would be prevented annually if only fire-safe cigarettes were smoked in the United States. (5)

A related risk factor is the prevalence of disposable cigarette lighters and matches, which are easy for very young children to ignite. Child resistant lighters are now widely available and should be encouraged for households where smoking is present. All ignition sources should be kept up and away from small children.

About 25 percent of scald burns require hospitalization. To help prevent scald burns, hot water heaters should be set no higher than 120° to 125° F. Child abuse was noted in about one-fourth of tap water scalds. (5)

Bicycle Crashes

From 1994 through 1998, 10-14 year olds had the highest death and injury rate due to bicycle crashes. Approximately 90 percent of child bicyclist deaths result from collisions with motor vehicles. However, most serious nonfatal injuries result from falls from the bicycle and do not involve a motor vehicle. (5) The correct fit and use of bicycle helmets plays a critical role in reducing bicycle-related head injury deaths and disabilities. In a Seattle study, it was found that riders with helmets had an 85 percent reduction in their risk of head injury and an 88 percent reduction in their risk of brain injury. (9) A statewide observational survey in 1999 showed a helmet use rate of 52.7 percent.

Interventions to help reduce bicycle injuries and deaths include:

- Establish the helmet habit at an early age—when the child starts on a tricycle.
- Establish the pattern that a helmet is worn every time the child rides.
- Parents serving as role models by wearing their helmets every time they ride.
- Reward the child for wearing his or her helmet.

- Encourage friends to wear their helmets.
- Have children learn and follow the rules of the road, such as: ride with the
 motor vehicle traffic, use hand signals, obey all traffic signs and signals, and
 walk the bike across intersections.
- Properly fitting the bicycle to the child.
- Ideally, children should not ride at dusk or in the dark. If they must, they should wear light clothing and a retro reflective vest, have a headlight on the bicycle per state law, and a red reflector on the back of the bike.

Poisonings/ Chokings

Nationally and in Washington State, deaths by poisoning have decreased greatly over the past 15 years, particularly among children under the age of five. This decline is due in large part to the Poison Prevention Packaging Act of 1970, which requires child resistant closures on many drugs and household products. Dose limits per package and regional poison control centers, which have improved emergency management of poisonings, have also contributed to this decline. (5)

From 1994 through 1998, there were 18 unintentional poisoning deaths for all children 0-19. The highest rate for accidental poisoning deaths to children in Washington State were among adolescents 15-19 years of age. These deaths were likely due to unintentional drug or alcohol overdoses.

In Washington State, non-fatal poisonings are the third leading cause of hospital admissions among children 0-4 years of age. Between 1994 and 1998, there were 553 poisoning hospitalizations for this age group.

Unintentional poisonings are very preventable. Some ways to help prevent these incidents are:

- Keep poisonous products locked up and out of reach;
- Keep products in original containers, with original labels;
- Dispose of unneeded poisons and medicines;
- Use child resistant caps;
- Know emergency numbers (poison control center) and first aid for poisoning;
- Teach children what products are dangerous.

The Washington State Poison Control Center can be reached toll-free from all parts of Washington State: 1-800-732-6985

Falls

From 1994 through 1998 in Washington State, there were 26 deaths due to falls among children 0-19 years of age. The 15-19 year olds had the highest rate. Falls cause few deaths among children, but they lead all injury categories for hospitalizations with over 4,508 hospitalizations during this period.

The incidence of falls during childhood is highest in infancy and declines, as children grow older. Part of this is the child's developmental process: before the age of one, falls often involve furniture such as baby walkers and changing tables. Thus, the prevention of early childhood falls is related to adult supervision and using safe equipment.

Toddlers tend to fall from windows or on stairs. Window guards have been shown to be effective in preventing children from falling out of windows. As children get older, falls from roofs or playground equipment are common. (5) The height and design of playground equipment as well as the cushioning effect of surfacing materials are key factors in the prevention of this type of injury. Among teenagers, risk-taking behavior contributes to both non-fatal and fatal falls.

Child Car Seat Use

Data from National Highway Traffic Safety Administration in 1986, estimated that the correct use of child car seats reduces fatality risk by 71 percent and serious injury risk by 67 percent. It has also been suggested that safety seats help reduce injuries during non-crash events (e.g., sudden stops, turns, opening the door of a moving vehicle). (4) While car seats are being used, they are often used incorrectly, with as much as a 90 percent misuse rate.

Washington's child restraint law becomes effective July 1, 2002. Children of all ages must be properly restrained whenever riding in a motor vehicle. Children under six years of age and who weight 60 pounds must be restrained in an approved and properly secured child car seat or booster seat. Children less than one year of age or weighing less than twenty pounds must be restrained in a rear-facing infant seat. The best protection is provided by a child car seat as long as it fits the child. Booster seats effectively adapt the fit of a seat belt for a young child.

To be effective, child car seats must be correctly installed and the child correctly restrained in the seat. Inspections of car seats for correct usage are advised, and there are many car seat safety checks throughout the state sponsored by SAFE KIDS Coalitions, car dealerships, police, fire and EMS. They are free to the public. Rear-facing child car seats should never be placed in the front passenger side of an automobile with a passenger-side air bag.

Seat Belt Use

The correct use of seat belts is estimated to decrease motor vehicle-related fatalities among all ages by 40 percent to 50 percent, and serious injury by 45 percent to 55 percent. (5) Data from observational studies during 1999 in Washington State showed a seat belt use rate of 84 percent. Occupants with the lowest usage rate based on investigated collisions are the 11-15 year olds. (4)

Based on 1996 collision data, persons who were killed in collisions were half as likely to have used a safety restraint as those who sustained an evident injury. (4)

A mandatory seat belt-use law has been in effect since June 6, 1986. This law can be enforced only secondarily; that is, only when a vehicle is stopped for another infraction can an occupant be cited for seat belt non-use. The exception to this is for children under six; their lack of safety restraints is primary enforcement.

Alcohol & Drug Involvement

Drinking alcohol and/or using drugs and then driving are a deadly combination for youth. In Washington State between 1993 and 1997, 15.5 percent of drivers involved in fatal crashes were age 20 or younger. However, drivers in that age group accounted for only 6.9 percent of all licensed drivers in the state. Thus, young drivers were about 2.25 times more prevalent in fatal crashes than one would expect based on their proportion of all licensed drivers. In 1994, the legal blood alcohol content (BAC) was lowered to 0.02 for drivers less than 21 years of age in Washington State. For all intents and purposes this is Zero Tolerance. In 1999, the legal BAC level was lowered to 0.08 for people over 21.

Pedestrian

Between 1994 and 1998, 758 children were hospitalized with pedestrian injuries and 95 died in Washington State. Although many more collisions occur in urban areas, rural Washington experiences a pedestrian fatality rate three times that of urban areas (4).

For a given distance walked, young children and older adults are at significantly greater risk of injury. The risk of pedestrian injury has increased because streets are more congested and hazardous, and less pedestrian friendly than in years past.

Interventions to help prevent child pedestrian injury include: parental "modeling" of correct street crossing behavior; parents having realistic expectations of their children's abilities (often parents expect their children to be able to make judgments about traffic that children are not yet ready to make); and working with engineers, law enforcement and public officials to create streets that are safer for all pedestrians.

Intentional Injuries

Suicide

Suicide is the third leading cause of injury death for children in Washington State. Among all child age groups, suicides are most prevalent among teens aged 15-19 than younger groups. The Washington State rate for this age group is higher than the national rate (Washington: 11.7/100,000 for 1995-1999, compared to 9.89/100,000 nationally for 1994-1998). Youth aged 15-19 in Washington have the highest combined rate of hospitalized suicide attempts and deaths. (6) The use of firearms as a method of suicide began a sharp and steady increase in the 1970s, climbing three times faster than other methods of suicide among adolescents. (5) Firearms remain the number one cause of suicide death for this age group.

Two potential countermeasures to youth suicide include:

- Limit the means of suicide (e.g., safe storage or removal of firearms, restrict access to alcohol and other drugs)
- Early identification and treatment for children with suicidal tendencies and depression

Homicide

Homicide is the second leading cause of injury death for children in Washington State. Many child homicides are caused by child abuse. Socioeconomic factors, cultural norms, attitudes toward violence, and intergenerational transmission of violent behavior are suspected to be contributing factors in a family homicide. The use of alcohol and other drugs, and easy access to firearms also contribute to homicide. The homicide rate for children under 20 years old in Washington State is lower than the national rate (2.7/100,000 in Washington for 1995-1999, compared to 5.45/100,000 for the United Sates between 1994-1998).

For children, the number of deaths caused by firearms steadily increases with age, so that by 15 years of age, the proportion of firearm homicides in children reflects adult patterns. (5) The prevention of unintentional firearm injuries revolves around firearm safety—specifically keeping all firearms secured with trigger locks or kept in a gun safe to prevent access by children. In a survey of self-inflicted gunshot wounds, 67 percent of young victims said they were just "fooling around" with a gun when it went off. (6) Another study found that the most common case history was of children playing with a gun that had been stored loaded, unlocked and out of view; the shooting often occurred in the room where the gun was stored. (7) Because they have not been researched, little is known about the effects of firearm safety courses and other educational programs. These programs should be monitored and evaluated. (5) An effective measure to keep firearms out of the hands of children and potentially volatile situations is store guns and ammunition separately and in locked locations out of the reach of children.

Injury Data

The following tables use death rates based on death certificate data from 1994 through 1998 for Washington State residents, and population estimates for the Office of Financial Management (OFM), Forecasting Division.

The hospital data used the Comprehensive Hospital Abstract Reporting System (CHARS) data, which is collected from 100 community and psychiatric hospitals in Washington State. Federal, state and armed forces hospitals as well as alcoholism treatment centers are not included in CHARS data.

Rates are based on discharge records with external cause of injury codes (E-codes, E800 to E999) in the hospital discharge data. E-codes describe the external cause of injury. They classify the environmental events, circumstances, intentionality, and conditions that cause injury, poisoning, and other adverse effects. (10)

E-coding of injuries became mandatory in 1989 in Washington State. Compliance by hospitals is now about 95 percent. Rates were not calculated for injuries with an N of five or less.

Also, rates were calculated without regard to:

- The same patient being admitted/discharged multiple times for treatment of the initial condition.
- Discharge status (alive or deceased).

Fatal Injuries																	C	aus	e b	у А	ge
Washington State Residents																				994-	
							_	_			AGE										
Unintentional	UNDER1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	Tota
																					-
BICYCLE (RIDER)	0	1 0	0	0	0	1	4	7	2 0	3	3	3 0	3 0	7	3	3	1 0	4	0	0	
BITES, STINGS & OTHEREFFECTOFANIM ALS	0	21	8	0	0	1	0	3	2	2	0	6	5	9	0	0	10	0	10		14
DROWNING	6			11	6	4	6				3	-			10	6		10		11	
FAIS	0	1	2	1	1	2	0	1	1	0	1	1	0	0	0	2	1	4	6	2	2
FIRE, BURNS & ASPHYXIA	2	5	9	14	7	4	6	7	5	2	3	2	2	1	- 1	0	1	1	1	1	7.
FIREARMS	0	0	0	0	1	0	0	0	1	1	1	1	0	3	6	3	3	3	2	4	2
M OTORVEHICLE (OCCUPANT)	5	9	8	10	11	7	12	5	13	6	4	6	7	6	29	32	82	89	109	83	53:
PEDESTRAN	2	14	6	11	3	7	4	5	2	2	1	4	4	3	3	5	6	7	1	5	9!
POISONING	0	1	0	1	0	0	0	0	0	0	0	0	1	1	2	2	2	0	3	5	1
STRUCK BY ORAGAINST	0	1	1	3	0	1	0	0	0	0	1	2	2	1	2	0	0	4	3	2	2
SUFFOCATION & OBSTRUCTING	31	13	6	4	2	0	1	0	0	0	2	2	5	2	0	0	0	1	0	2	7
TOTAL (INCLUDING OTHERUNINTENTIONAL)	53	72	42	61	37	33	43	36	35	29	33	40	47	51	75	74	132	145	163	155	1,166
Suicide / Self Inflicted										-											<u> </u>
CUTTING, PIERCING & M ECHANICALDEVICES	0	0	0	0	0	0	0	0	0	0	0	2	2	7	8	18	21	29	31	48	160
FIREARMS	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1	0	4	3	2	9	20
POISONING	0	0	0	0	0	0	0	0	0	0	1	2	2	5	5	4	10	7	9	12	5
SUFFOCATION & OBSTRUCTING	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	2	2	1	3	9
TOTAL (INCLUDING OTHERSUICIDES)	0	0	0	0	0	0	0	0	0	0	1	4	4	13	15	22	37	41	43	72	252
Homicide / Assault																					
CUTTING, PIERCING & M ECHANICALDEVICES	0	0	0	0	1	0	0	1	1	0	0	0	2	1	3	4	2	5	5	8	3:
FIREARMS	0	1	2	3	2	1	3	2	1	2	1	3	0	7	13	16	24	20	33	40	174
STRUCK BY ORAGAINST	0	0	1	0	O	0	О	0	0	О	0	1	1	1	1	О	1	2	2	2	1
TOTAL(INCLUDING OTHERHOM ICIDES)	19	15	10	6	7	4	3	4	3	5	1	4	5	11	24	23	30	30	46	54	30
Undetermined Intent	5	1	0	5	0	0	2	0	1	0	0	1	2	1	1	4	7	4	6	3	4
M edical, Legal, W ar, O ther	0	1	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	
All Fatal Injuries	77	88	50	70	40	33	42	33	31	25	25	38	46	63	101	108	190	204	240	265	1,769
DATA SOURCE: WASHINGTON STATE DEPARTMENT																					
FORQUESTIONS AND/ORADDITIONALINFORM ATION	CONTACT	Doug K	ECK AT3	360/236	3603 OF	RDOUG.H	KECK@	DOHWA.	GOV										4	L - 1	
			_															S	ptem	per 2	2000

	ton State Injury Preven																			Septe	m b e r	2000
Nonfa	tal Hospitalized	d Inj	urie	S															Cau	se	by /	4 g e
Washing	ton State Residents																				1994	-199
												AGE										
Intent - ME	ECHANISM	UNDER1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	Tota
Unintentio	nal																					
	BICYCLE (RDER)	0	3	7	12	19	57	74	83	88	97	81	99	105	112	109	81	53	30	29	36	1, 17
	BITES, STINGS & OTHER EFFECTOFANIM ALS	10	45	57	54	33	38	33	31	36	18	22	24	16	9	13	8	12	15	15	10	49
	DROWNING	15	32	19	15	16	12	7	10	4	5	5	4	5	4	4	9	7	1	9	0	18:
	FAILS	268	222	242	225	226	239	254	225	235	203	205	161	238	240	270	245	216	215	178	201	4,50
	FIRE, BURNS & ASPHYXIA	135	242	73	54	42	34	28	21	25	37	25	19	33	19	18	22	17	23	32	17	91
	FIREARMS	О	0	2	1	5	4	3	0	5	6	3	2	7	12	14	30	15	16	32	24	18
	M OTORVEHICLE (OCCUPANT)	43	39	48	52	70	59	65	51	67	62	67	63	58	99	157	229	448	473	527	398	3,07
	PEDESTRAN	3	37	42	33	44	49	35	43	42	30	28	41	43	44	50	54	46	37	31	26	75
	POISONING	108	229	122	65	29	20	18	15	14	9	5	9	20	44	70	81	77	71	74	73	1,15
	STRUCK BY ORAGAINST	25	33	52	38	32	45	57	51	59	65	68	78	61	102	130	124	112	119	111	71	1,43
	SUFFOCATION & OBSTRUCTING	88	77	32	14	16	6	6	4	6	9	5	8	4	6	2	1	1	3	3	1	29
	TOTAL (INCLUDING OTHER UNINTENTIONAL)	909	1,105	828	665	650	663	690	650	707	671	629	670	791	925	1,120	1,215	1,366	1,391	1,496	1,326	18,27
Suicide / S	elf Inflicted																					
	CUTTING, PIERCING & M ECHANICALDEVICES	О	О	О	О	О	o	О	1	О	О	О	2	7	13	20	37	25	24	43	39	2
	FIREARMS	О	0	0	О	0	0	0	0	0	0	0	0	1	0	1	4	2	2	10	5	2!
	Poisoning	3	0	1	0	0	0	0	1	0	2	7	9	37	164	275	362	342	327	297	249	2,070
	SUFFOCATION & OBSTRUCTING	О	0	0	О	0	0	0	1	0	1	3	5	1	7	1	6	3	4	4	4	40
	TOTAL (INCLUDING OTHER SUICIDES)	4	o	1	О	О	o	o	3	1	4	11	19	49	192	312	425	387	373	375	309	2,46
Homicide /	/ Assault																					
	CUTTING, PIERCING & M ECHANICALDEVICES	2	1	О	О	1	1	1	О	О	О	1	1	О	2	8	24	26	40	50	48	20
	FIREARMS	1	0	0	2	1	1	1	0	0	1	3	1	5	7	9	30	48	45	57	76	28
	STRUCK BY ORAGAINST	4	3	3	1	1	1	3	1	2	5	2	4	9	16	24	37	81	75	76	77	42
	TOTAL (INCLUDING OTHER HOM ICIDES)	181	41	23	18	9	8	8	3	6	10	8	6	16	33	51	110	178	206	220	264	1,399
U n d e t e r m i i	ned Intent	87	56	36	21	22	26	14	25	21	25	17	22	39	44	44	73	70	68	 55	52	81
M edical, L	egal, W ar, O ther	545	208	139	136	115	125	113	97	85	110	134	118	116	152	125	196	188	200	243	263	3,40
A 11 Fatal In	n jurie s	1,726	1,409	1,025	837	792	817	819	771	812	811	789	824	999	1,333	1,638	2,004	2,173	2,221	2,371	2,195	
DATA SOURCE:	: WASHINGTON STATE DEPARTM ENT	гоғНеаі	лн, Оптс	CE OFH	SPITALA	ND PAT	ENTDA	TA, CHA	RS													
FORQUESTION	NS AND/ORADDITIONALINFORM ATION	CONTAC	TDOUG I	KECK AT	360/236	-3603	ORDOU	S.KECK@	DOH.WA	.GOV												

Injury Prevention Contacts

Unintentional Injuries

Traffic Safety

Traine Salety	
American Academy of Pediatrics 141 NW Point Boulevard Elk Grove Village, IL 60007-1098 (708) 228-5005 http://www.aap.org	 TIPP (The Injury Prevention Program) sheets provide guidelines for the prevention of motor vehicle and pedestrian collisions. A variety of brochures, buttons, t-shirts and checklists are also available. Charges vary for individual handouts and sets of materials.
American Red Cross Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144 (206) 323-2345 See local telephone book for the chapter in your area.	 Motor vehicle safety is incorporated into first aid courses including BAT (Basic Aid Training) for third and fourth grades. Pamphlets and films are also available on child restraints. Rental fees for films. Information also available from local chapters
AAA Washington P.O. Box 91247 Bellevue, WA 98009-9247 (425) 646-2055 1-800-562-2582 (General) Jennifer Harbison http://www.AAAwa.com	 Print and video materials available on all aspects of traffic safety from driver education to pedestrian safety. Material is agegrouped from preschool through senior adult. Videos sold at cost or loaned at no charge. Printed material sold at cost.

EN CARE

Alcohol Awareness Pierce and King County Emergency Department Nurses

Connie Smith, RN

(253) 884-5589 or (253) 403-2995

email: ernurcon@aol.com

- Program Activities: Emergency nurses, EMT's and Paramedics present a 40-45 minute program including slides and a short video explaining the way alcohol affects the body systems and the "why" teenagers should refrain from drinking and from drinking and driving. The program is free and available to small school classes or assemblies. Small groups are preferred for better discussion.
- Pedestrian safety program for schools and communities includes curriculum and pamphlet for parents.

Harborview Injury Prevention and Research Center

Box 359960 325 - 9th Avenue Seattle, WA 98104

Flyer Hotline: (206) 521-1524

http://depts.washington.edu/hiprc/childinjury/

- Pedestrian Safety Community Guide is available.
- Materials available at no charge or at cost of production and distribution. A catalog of materials is available.
- Booster seat resources and website— www.boosterseat.org
- High School physics curriculum on crash force.

National Highway Traffic Safety Administration

U.S. Dept. of Transportation Jackson Federal Bldg Rm 3140 915 - 2nd Avenue Seattle, WA 98174

(206) 220-7647

email: rnye@nhtsa.dot.gov

Fax (206) 220-7651

Rosemary J. Nye

- Brochures, flyers and videos are available on vehicle, bicycle, pedestrian, and motorcycle, police, traffic safety, EMS, as well as use of air bags, safety belts and child safety restraints. A program specialist is also available for presentations, training and/or lectures on these subjects.
- Statistical information and facts are available on the above topics.
- Videos, brochures, flyers and handouts are available on a limited basis.

Inland Automobile Association (AAA)

1717 W. 4th Avenue P.O. Box 2518 Spokane, WA 99220

(509) 358-6920

Ed Sharman, Manager, Traffic Safety

- Printed materials on a variety of bike, pedestrian, school patrol, alcohol, and driving.
- An independent non-profit research and communications organization wholly supported by automobile insurers. The Institute is dedicated to reducing highway crash deaths, injuries and property damage losses. Freely distributes regular reports on the entire range of motor vehicle injury issues including air bags, crash worthiness of autos, bumper reliability, effectiveness of speed regulation and other enforcement practices, technical and policy issues.

Saint Joseph's Regional Medical Center

P.O. Box 816 Lewiston, ID 83501 (208) 799-5458

Paula Hornbeck

- A slide presentation with audio narration and music which features true life stories about drinking and driving calamities. It also has a strong seat belt use message.
- It includes slides/pictures of the teenagers before their accident (with aspirations narrated), then pictures of their long road back to recovery, which for many with severe head injury and spinal cord injury is not complete recovery.
- Targets 13 years through college age, especially high school age. No fees.

Safe Ride News 5223 NE 187th St. Lake Forest Park, WA 98155 1-800-403-1424

Deborah Davis Stewart (Ed.)

email: saferide@twbc.com

Sixteen page quarterly technical newsletter on child traffic issues for parents, safety advocates, and health professionals. Focus is primarily on child occupant protection issues and includes, bike & pedestrian safety, special needs children, safety on school buses, and aircraft. Individual subscription \$39.00 per year.

SafetyBeltSafe U.S.A

FAX (206) 364-5992

PO Box 553 Altadena, California 91003

(310) 222-6860

Safe Ride helpline:

1-800-745-SAFE

1-800-747-SANO (Spanish)

website: www.carseat.org

A national advocacy organization promoting child passenger safety. Publishes excellent pamphlets and training/reference materials, runs a national line for program coordinators and public with technical questions, has an extensive video library, a website (that is technically accurate, comprehensive and user friendly) and welcomes membership contributions.

Sober Roadways for Washington Campaign

Washington Department of Health Office of Emergency Medical and Trauma Prevention

Contact your regional EMS/Trauma Program—see pages 39 & 40 A public education program for adolescents and adults to teach about the consequences of impaired driving. Includes a teen video, "Why Did You Go?" and an adult video, "Lethal Weapon, Liquid Death." Program is given by a trained presenter and free to groups, schools and organizations. Presentations are adapted to local areas. Teen video available in Spanish.

Spokane County Health District

1101 West College Avenue Spokane, WA 99201-2095

Alania Cunningham

(509) 324-1415

Fax (509) 324-1599

email:

acunningham@spokanecounty.org

■ Pedestrian Safety:

- Pedestrian safety promotion for all ages.
- PED BEE assembly and classroom presentations.
- Senior PED BEE presentations and screenings available.
- Brochures and handouts available in limited quantities.

Lending library of videos available.

• Occupant Protection:

- Occupant protection promotion for all ages with a focus on child passenger safety.
- Assembly and classroom presentations available.
- Trainer courses in child passenger safety.
- Monthly car seat inspections.
- Brochures, fact sheets, handouts, posters, and other materials available in limited quantities.
- Lending library of videos available.

Washington Traffic Safety Commission

P.O. Box 40944 Olympia, WA 98504-9044

Katie Lynch

(360) 586-3865

(360) 753-6197

Fax (360) 586-6489

email: <u>klynch@wtsc.wa.gov</u>
Website: <u>www.wa.gov/wtsc</u>

- Occupant protection informational materials are available, including brochures, flyers, and promotional items. Materials are appropriate for preschoolers, students, young adults, new parents and the general public.
- Information on Booster Seats and about Washington State seat belt and child restraint laws.
- Statistical data on Traffic Safety data issues available from Traffic Records Database (TRDC) at (360) 753-6197.

Spokane Police Department

W-1100 Mallon Spokane, WA 99260

(509) 625-4170

Traffic Safety Unit

- Every 15 Minute Program: Two-day program where students are pulled from class, which represents how often a person is killed by a drunk driver. The second day includes a school assembly education program.
- Targets juniors and seniors in high schools. No fees.

Washington Traffic Safety Commission

P.O. Box 40944 Olympia, WA 98504-0944

Letty Mendez (360) 753-3022 SCAN 321-7650

Fax (360) 586-6489

email: lmendez@wtsc.wa.gov

- SAFTYE (Stop Auto Fatalities Through Youth Efforts) The SAFTYE program is run by a statewide youth advisory board. This program is for high school students and includes crosspeer teaching.
- RUAD (Reduce Underage Drinking Project)
- Two yearly statewide youth conferences one for high school students and one for junior high/middle school students.
- Information, brochures, and promotional/educational items available on traffic safety and alcohol traffic safety issues.
- Mini-grant funds available for projects in traffic safety.

Washington State Safety Restraint Coalition (WSSRC)

917 Kirkland Ave. Kirkland, WA 98033

(206) 828-8975 or 1-800 BUCK-L-UP

Kathryn E. Kruger

email: wssrc@bigfoot.com

- Public education regarding the need for seat belt and child car seat use, including replacement instructions for car seats, locking clips, list of car seat distribution programs, videos, posters, stickers, color sheets. Latest statistics on auto collisions using data from the Traffic Records Data Center of the Washington Traffic Safety Commission.
- Saved by the Belt Club and the Motorcycle Helmet Survivor's Club recognize those who have used a seat belt, care seat, air bag, or motorcycle helmet during an auto collision.
- Training on child passenger safety issues including correct installation and use of child car seats.
- Better Safe than Sorry Program allows citizens to report vehicles observed with unbuckled children. Buckle Up Helper Club encourages good buckle up habits among young children.
- Materials are free. Videos available for 10-day loan at no charge.

Washington State DWI/Community Traffic Safety Task Forces

Local contacts listed on next pages

- Community DUI/injury prevention task forces, coordinated by professionals, mobilize citizen volunteers and local leaders to promote safe and sober driving in their communities. The 20 task forces serve over 85 percent of the state's population.
- DUI presentations to youth, public and private groups.
- Student-oriented events, such as sober prom and graduation activities.
- Booths at community fairs and events.
- Programs providing safe rides home for impaired drivers.
- Alcohol server/seller training.
- DUI victim's panels.
- Local clearinghouse for DUI information.

Washington State DWI/Community Traffic Safety Task Forces

Benton-Franklin Lynda Lou Stegall (509) 783-3180 **BFSAC** Fax (509) 783-0520 1776 Fowler Ste 37 bfsac@3-cities.com Richland, WA 99352 **Clallam County** Jim Borte, Coordinator (360) 417-2385 **DUI Program** Fax (360) 417-2470 Clallam Co. Sheriff's Dept. jborte@co.clallam.wa.us 223 East 4th Port Angeles, WA 98362 **Clark County** Janet Kalney, Coordinator (360 397-2436 DUI/Traffic Safety TF (360) 397-6119 x 4125 Dept. of Corrections Fax 360-737-6013 707 W. 13th St. janet.kalney@co.clark.wa.us PO Box 5000 Vancouver, WA 98666 **Cowlitz County** Cherie Paxton, Coordinator (360) 577-3092 x 2341 Cowlitz Co. Sheriff's Office Fax (360) 423-1047 PO Box 390 paxtonc@co.cowlitz.wa.us Kelso, WA 98626 **Ferry County** Lyn Eric Edgel, Coordinator (509) 775-2219 PO Box 1163 Fax (509) 775-2219 Republic, WA 99166 lynedgel@concord.televar.com **Grays Harbor County** Don Dineen, Coordinator Grays (360) 537-0010 Harbor Safe & Sober Driving SCAN 766-8631 2421 Sumner Ave. Fax (360) 532-0608 Aberdeen, WA 98520 **Jefferson County** Linda Pfafman, Coordinator (360) 385-3831 x 521 Jefferson Co. Sheriff's Office Fax (360) 379-0513 81 Elkins Rd lpfafman@co.jefferson.wa.us Port Hadlock, WA 98339 **King County (South)** Nancy Mathews (253) 859-4011 Coordinator/Public Ed Spec. Fax (253) 859-6572 **Drinking Driver Task Force** nmathew@ci.kent.wa.us 220 4th Avenue South Kent, WA 98032

King County (Seattle) Tony Gomez/Carroll Boone (206) 296-4205 (Tony) Coordinators (206) 205-5866 (Carroll) King Co. Traffic Safety TF Fax (206) 296-0208 C/O SKC Health Dept. Tony.Gomez@metrokc.gov 999 Third Ave Ste 900 Carroll.boone@metrokc.gov Seattle, WA 98104 **Kitsap County** Shirley Wise, Coordinator (360) 478-5239 Bremerton-Kitsap County Traffic Fax (360) 478-7940 Safety Task Force swise@ci.bremerton.wa.us Bremerton Police Dept. 239 - 4th Street Bremerton, WA 98337 **Lewis County** Sue Burnett, Coordinator (360) 740-1450 DUI/Traffic Safety Task Force Fax (360) 740-2698 prevention@localaccess.com 360 NW North St Chehalis, WA 98532-1900 **Mason County** Pam Simpson, Coordinator (360) 427-9670 x 396 **DUI Task Force Program** Fax (360) 427-7264 Mason County Drug Abuse Prevention MCDAP/CMASA P.O. Box 1576 Shelton, WA 98584 **Pierce County** Sherry Badger, Coordinator (253) 591-6112 **DUI Task Force** Fax (253) 596-2806 sbadger@co.pierce.wa.us 8811 South Tacoma Way Building 2, Room 231 Tacoma, WA 98499 **Skagit County** Don McKeehen, Coordinator (360) 336-9333 x 3128 **DUI Program** Fax (360) 336-9478 **Skagit County Public Works** donm@co.skagit.wa.us 1111 Cleveland Ave. Mount Vernon, WA 98273 **Snohomish County** Tracy McMillan, Coordinator (425) 388-7229 **DUI Task Force** Fax (425) 259-1444 2722 Colby Ave. Ste 104 Tracy.McMillan@co.snohomish.wa Everett, WA 98201

Spokane County Peggy Hodges, Coordinator (509) 477-2342 Spokane Co Safety Commission Fax (509) 477-3478

> W. 1026 Broadway <u>phodges@spokanecounty.org</u> Spokane, WA 99260

Thurston County Patty Layton/Mary Snow (360) 753-8284

Coordinators Fax (360) 709-2773

Safe & Sober Driving
City of Olympia
PO Box 1967
909 Plum St.

msnow@ci.olympia.wa.us
playton@ci.olympia.wa.us

Olympia, WA 98507

Walla Walla County Nancy McClenny-Walters (509) 527-3278

Walla Walla Traffic Safety/DUI Fax (509) 527-3214

Program nmcclennywalters@co.walla-walla.wa.us
310 W Poplar

Walla Walla, WA 99362

Whatcom County Sheilah Looney Alcohol/Traffic (360) 676-6707 ext 30689

Safety Fax (360) 738-2490

1000 N. Forest St., Suite 101 Bellingham, WA 98225

Yakima County Community Traffic Safety & 509-575-7742

DUI Taskforce

PO Box 1595

Communities Program

The above list is as of January 2001. For an updated listing of DWI/Community Traffic Safety Task Forces, contact Gina Beretta at the Washington Traffic Safety Commission at (360) 753-4175 or gberetta@wtsc.wa.gov.

Drownings

American Academy of Pediatrics

141 NW Point Boulevard Elk Grove Village, IL 60007-1098

(708) 228-5005

http://www.aap.org

- Safe Swimming for Your Young Child is a packet of safety handouts. Drowning is addressed in the Injury Prevention Program education cards for ages seven months to two years.
- Charges vary for individual handouts and complete sets of materials.

American Red Cross

Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144

(206) 323-2345

See the telephone book for the chapter in your area.

www.seattleredcross.org

http://www.redcross.org

- A variety of audiovisual materials, posters, brochures and courses are offered on water safety. Beginning swimmers through lifeguards can be certified by the Red Cross. The BAT (Basic Aid Training) course for grades 3-5 and FACT (First Aid for Children Today) course for grades K-3 offer a segment on water safety.
- Contact your local pool. There are fees for swimming and basic water rescue courses. Films are available on a rental basis. Posters and brochures are free.
- "Safe Children" courses available for parents, grandparents, foster parents and child care providers are: "Infant and Child CPR," "Child Care Course," and "Babysitting."
- "Whale Tales, "a water safety program for elementary age children, can be used in classrooms or other "dry land" sites.
- Information available from local chapters and from National Red Cross website.

Children's Hospital and Regional Medical Center

P.O. Box 5371, MS: CM-09 Seattle, WA 98105-0371

Materials & displays: Megan Murphy (206) 527-5797

For program consultation: Elizabeth Bennett (206) 527-5718

email: ebenne@chmc.org
www.seattlechildrens.org/dp/

- "Stay On Top of It" drowning prevention program for children, youth, and adolescents offers a parents' water safety guide, a children's water safety activity booklet, age-specific fact sheets, water safety for children with seizures and an interactive board display.
- The Washington State Drowning Prevention Project offers information on developing programs, data, setting up a life vest loan program, conducting life vest observational surveys, a media campaign on adolescent drowning and consultation and technical assistance for regional drowning prevention programs. Many resources are available on the website.

Coast Guard Auxiliary

Public Education Programs Commander 915 2nd Avenue Seattle, WA 98174-1067 (206) 220-7080 or 7081

Recreational boating specialist

(206) 220-7257

- Coloring book, Kids N' Water and speakers available on water safety.
- USCG Auxiliary membership.
- Materials are free of charge.
- Recreational boating safety Class in WA, OR, ID and MT. For information call 1-800-982-8813 and follow the prompts.
- Speakers available for recreational boating safety and/or Auxiliary programs

Spokane Regional Health District

Inland NW Drowning Prevention Coalition 1101 W. College Ave Ste 402 Spokane, WA 99201

Julie Awbrey

(509) 324-1570

Fax (509) 324-3606

email:

jawbrey@spokanecounty.org

General boating education with emphasis on "prevention."

- Provide education materials and resources; coloring books, stickers, water safety guide, children's magnetic water safety board.
- Provide assembly and classroom water safety presentations.
- No fee. Target all age groups.
- Coordinate Sheriff's Life Jacket Loan Program.

U.S. Consumer Product Safety Commission

10842 SE 208th #273 Kent, WA 98031

(253) 631-6806

Eugene Staebell

1-800-638-CPSC

(Nationwide hotline to report dangerous products and for recorded information.)

email: estaebell@cpsc.gov
http://www.cpsc.gov

- CPSC has Publication No. 359 "Preventing Childhood Drownings," and Publication No. 362 "Safety Barrier Guidelines for Home Pools," and other materials on preventing drowning and injuries around pools and spas, including Super Sitter, a babysitting safety guide. Super Sitter also includes home safety tips.
- Materials are free of charge in limited quantities. They may be reproduced without permission (CPSC would like to know how they are being used).

YMCA of Greater Seattle 909 - 4th Avenue Seattle, WA 98104 (206) 382-5003

See local telephone book for YMCA programs

- Swim lessons and water safety courses are offered for youth at selected YMCAs throughout Washington.
- Charges vary. Contact your local YMCA or the number given here.

Fires/Burns

American Academy of Pedia	trics
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141 NW Point Boulevard Elk Grove Village, IL 60007-1098

(847) 228-5005

http://www.aap.org

- TIPP (The Injury Prevention Program) sheets provide guidelines for the prevention of burns and fires.
- Charges vary for individual handouts and complete sets of materials.

American Red Cross

Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144

(206) 323-2345

www.seattleredcross.org

See the telephone book for the chapter in your local area.

http://www.redcross.org

Course materials and burn emergency information are available as part of the BAT course (Basic Aid Training) for grades 3-5 children and for grades K-3 in the FACT course (First Aid for Children Today). Films are also available.

- "Safe Children" courses available for parents, grandparents, foster parents and child care providers are: "Child Care Course," "Babysitting," and "Infant and Child CPR."
- Information also available on National Red Cross website.

Northwest Burn Foundation

1515 NW 52nd St., Suite A Seattle, WA 98107

(206) 789-6838

FAX (206) 789-6759

1-888-NO BURNS (667-8767)

www.nwburn.org

- Speakers available on burn and scald prevention and education.
- Brochures on burn prevention and scald prevention and first aid for burns.
- Fire and burn prevention coloring books.
- Funds burn prevention education programs statewide including Juvenile Fire Setter Intervention Programs in King and Pierce Counties.
- Speakers and brochures are free.

Seattle Fire Department

Second and Main Streets Seattle, WA 98104 (206) 386-1338

Lisa Van Horn

See the telephone book for your local fire district/departments. Contact the Public Fire & Life Safety Educator.

Email:

Lisa.Vanhorn@ci.seattle.wa.us

- Public information bureau offers speakers and programs on fire safety. Films and brochures are also available.
- Juvenile Fire Setter Intervention Program offers assessment, education, and referral for children involved in fire play.
- Programs offered within the Seattle city limits. Note: it is important to work directly with the fire district in which you live. Please see the local telephone directory blue pages, and call the business office to arrange programs for your specific area.

U.S. Consumer Product Safety Commission

10842 SE 208th #273 Kent, WA 98031

(253) 631-6806

Eugene Staebell

1-800-638-CPSC (Nationwide hotline)

http://www.cpsc.gov

Email: estaebell@cpsc.gov

- CPSC has many brochures, alerts, booklets and checklists on fire, electrical, holiday and home heating equipment safety.
- Materials are free of charge in limited quantities. They may be reproduced without permission. CPSC would like to know how they are being used.

University of Washington Burn Center

Harborview Medical Center 325 - 9th Avenue, Box 359840 Seattle, WA 98104

(206) 731-3139

Patty Colescott

- Information, materials and programs on Burn Prevention. All handouts are available for loan or free of charge in limited quantities.
- Burn Prevention Seminars provided for Childhood Education Specialists/Child Health Specialists/Parent Groups within the Greater Seattle area. Seminars are available outside of Greater Seattle on a limited basis.
- Technical assistance provided for the planning and implementation of childhood burn prevention programs within the State of Washington.

Washington Public Fire Educators

Snohomish County FD#8 13717 Division St. Snohomish, WA. 98290

Robert Marshall, President

(425) 334-2418 Fax (425) 377-1811

email: rmarshalld8@hotmail.com

- Represents fire prevention educators who work in local fire department districts throughout the state. Call for local contacts.
- Fire and Life Safety/Injury Prevention Cooperatives have a variety of programs available for schools and community organizations. Programs include: Fire Stoppers, Children's File Safety Houses.

State Fire Marshal's Office PO Box 42600

Olympia, WA. 98504-2600

Karen Jones, Deputy State Fire Marshal

(360) 705-5774 Fax (360) 586-0316

http://www.wa.gov/wsp/fire/fireprev.htm

email: kjones@wsp.wa.gov

- Annual data collector reports on fire fatalities, fireworks injuries and fires, and fire department emergency responses.
- Annual campaign materials available for fireworks, fire safety and injury prevention. Fire Prevention Week educational message and Risk Watch injury prevention program

Bicycles

American A	Academy	of Pediatrics
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141 NW Point Boulevard Elk Grove Village, IL 60007-1098

(847) 228-5005

http://www.aap.org

- TIPP (The Injury Prevention Program) sheets provide guidelines for the prevention of bicycle crashes. A variety of brochures, buttons, t-shirts and checklists are also available.
- Physician's Resource Guide for Bicycle Safety Education and counseling sheets. "Bicycle Safety Camp" is an excellent video promoting bicycle safety and helmets.
- Charges vary for individual handouts and complete sets of materials.

American Red Cross

Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144

(206) 323-2345

www.seattleredcross.org

See the telephone book for the chapter in your local area.

http://www.redcross.org

Bicycle safety is incorporated into first aid courses including BAT (Basic Aid Training) for grades 3-5 in the SAFE WHEELS unit and is included in FACT (First Aid for Children Today) course for grades K-3. Pamphlets and films are also available on child restraints.

- Rental fees for films.
- Information also available from local chapters.

AAA Washington

P.O. Box 91247 Bellevue, WA. 98009-9247

(425) 646-2055 1-800-562-2582-(General)

Jennifer Harbison

www.aaawa.com

Print, film and video materials available on all aspects of traffic safety including bicycle safety. Materials emphasize helmet use.

Films and videos sold at cost or loaned at no charge. Printed material sold at cost.

Cascade Bicycle Club

P.O. Box 15165 Seattle, WA 98115

(206) 523-1952 Fax (206) 522-2407

Julie Salathe'

http://www.cascade.org/education

- Many educational pamphlets are available at no fee.
- Free or low cost helmet sales.

Harborview Injury Prevention and Research Center

Box 359960 325 - 9th Avenue Seattle, WA 98104

Flyer Hotline: (206) 521-1524

http://depts.washington.edu/hiprc/childiniury/

- Promotion of bicycle helmet use by children, includes posters, pamphlets, helmet coupons (intermittent), public service announcements and program guides.
- Materials available at no charge or at cost of production and distribution.

National Highway Traffic Safety Administration

Department of Transportation Jackson Federal Building

915 - 2nd Avenue Rm 3140 Seattle, WA 98174

(206) 220-7647

Fax (206) 220-7651

Rosemary J. Nye

email: rnye@nhtsa.dot.gov

http://www.nhtsa.gov

- Brochures, flyers and videos are available on bicycle and motorcycle safety. A program specialist is also available for presentations, training and/or lectures regarding these topics.
- Videos available on a loan basis only. Brochures, flyers and handouts available in very limited quantities.
- Printed information on bicycle and all-terrain-vehicle (ATV) safety.

Spokane Regional Health District Injury Prevention Program

1101 W. College Ave Ste 401 Spokane, WA 99201

(509) 324-1415 Fax (509) 324-1599

Alaina Cunningham

email:

acunningham@spokanecounty.org

- Promotion of bicycle safety and helmet use by children.
- Brochures, posters and handouts are available in limited quantities. Lending library of videos available.
- Assembly and classroom presentations available.
- Bicycle rodeo kit available on loan basis only, rodeos may also be scheduled with an educator.
- Regional helmet distribution through an application process each fall.

U.S. Consumer Product Safety Commission 10842 SE 208th #273 Kent, WA. 98031

(253) 631-6806

Eugene Staebell

http://www.cpsc.gov

email: eugenestaebell@cpsc.gov

1-800-638-CPSC (Nationwide Hotline)

■ Information, brochures, posters and promotional/educational

Materials are free of charge in limited quantities. They may be

reproduced without permission. CPSC would like to know how

Mini-grant funds available for projects in bicycle safety and helmet distribution programs

items available on bicycle safety.

they are being used.

Washington Traffic Safety Commission

P.O. Box 40944 Olympia, WA 98504-0944

Lynn Drake (360) 586-3484

Fax (360) 586-6489

email: ldrake@wtsc.wa.gov http://www.wa.gov/wtsc

Poisonings/Chokings

American Academy of Pediatrics
141 NW Point Boulevard Elk Grove Village, IL 60007-1098
(847) 228-5005
1.44

- TIPP (The Injury Prevention Program) sheets provide guidelines for the prevention of poisonings.
- Charges vary for individual handouts and complete sets of materials.

http://www.aap.org

American Lung Association

2625 - 3rd Avenue Seattle, WA 98121 (206) 441-5100

1-800-732-9339

- A brochure is available with tips on preventing choking incidents.
- Materials are provided free, up to 25 copies; they are \$.21 after that.

American Red Cross

Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144 (206) 343-2345

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or

www.seattleredcross.org

See the telephone book for the chapter in your area.

http://www.redcross.org

- Choking and poisoning information is included in CPR/first aid courses for adults. BAT (Basic Aid Training) course for grades 3-5 includes a unit called All Choked Up and FACT (First Aid for Children Today) course for grades K-3 includes care for choking. Additional films, brochures and displays are available.
- Posters and brochures are free. Rental fees asked for films. Small charge for courses.
- Other courses available are: "Babysitting," and "Child Care Course."
- Information also available from local chapters.
- Information also available on National Red Cross website.

Deaconess Poison Prevention and Education Center

715 S. Cowley Ste. 324 (509) 835-8960

Susan Jackman, RN

- Provides poison information and education services available to all ages. Lectures are available year around on request in Spokane County with education materials available throughout eastern Washington.
- Age appropriate lectures from preschool through adult groups.
- No charge for lectures; minimal charge for materials.

U.S. Consumer Product Safety Commission

10842 SE 208th #273 Kent, WA. 98031

(253) 631-6806

Eugene Staebell

1-800-638-CPSC

(Nationwide hotline to report dangerous products and for recorded information.)

email: euegenestaebell@cpsc.gov

http://www.cpsc.gov

CPSC has information on the Poison Prevention Packaging Act and poison prevention tips, as well as brochures on toy and nursery equipment safety, which discuss choking hazards.

Washington Poison Center

155 NE 100th St, Suite 400 Seattle, WA 98125-8012

For emergency or information calls:

(206) 526-2121 in Seattle or

(800) 732-6985 (24-hour and long distance)

Education Dept. Stephanie Corpening (206) 517-2359

- The caller is connected with a poison information specialist who has a physician-toxicologist always available for consultation. The telephone "hotline" offers 24-hour emergency information about poison exposures.
- The Center's public education role continues to make available a number of brochures, posters, displays, Mr. Yuk stickers, and audio or visual materials aimed at poison prevention.
- Phone calls are free and confidential. Some displays are subject to a minimal charge. Costs vary on other materials.

Falls

American Aca	ademy of	Pedia	trics
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141 NW Point Boulevard Elk Grove Village, IL 60007-1098

(847) 228-5005

http://www.aap.org

- TIPP (The Injury Prevention Program) sheets provide guidelines for the prevention of falls.
- Charges vary for individual handouts and complete sets of materials.

American Red Cross

Seattle-King County Chapter 1900 - 25th Avenue South Seattle, WA 98144

(206) 323-2345

www.seattleredcross.org

or

See the telephone book for the chapter in your area.

http://www.redcross.org

"Safe Children" courses available for parents, grandparents, foster parents and child care providers are: "Babysitting," and "Child Care Course."

- Prevention and care of injuries taught in BAT (Basic Aid Training) course for grades 3-5 and in FACT (First Aid for Children Today) course for grades K-3.
- Information available from local chapters and from the National Red Cross website.

U.S. Consumer Product Safety Commission

10842 SE 208th #273 Kent, WA. 98031

(253) 631-6806

Eugene Staebell

1-800-638-CPSC (Nationwide hotline)

email: eugeneestaebell@cpsc.gov

http://www.cpsc.gov

Publications include a fact sheet (#20) on infant falls, "Protect Your Child" and "Baby Safety Tips." Other publications cover playground safety, skateboards, baby walkers, and a fact sheet (#6) on stairs, ramps, handrails and landings.

Materials are free of charge in limited quantities. They may be reproduced without permission. CPSC would like to know how they are being used.

Harborview Injury Prevention and Research Center

Box 359960 325 - 9th Avenue Seattle, WA 98104

(206) 521-1524 Materials Hotline

http://depts.washington.edu/hiprc/childinjury/

- Brochures, flyers, posters and prevention tip sheets on falls in the elderly.
- Available free of charge.

King County Fire & Life Safety Cooperative

Alan Abe

(206) 296-0202 Fax (206) 296-4866

email: alan.abe@metrokc.gov

Fall factors program-educational community program targeting seniors through King County Fire Departments and fire districts.

Spokane Regional Health District Injury Prevention Program

1101 W. College Ave Ste 401 Spokane, WA 99201

Alaina Cunningham

(509) 324-1415 Fax (509) 324-1599

email:

acunningham@spokanecounty.org

- Promotion of fall prevention for seniors through the Healthy Seniors program.
- Brochures, handouts and home safety checklist are available in limited quantities.
- Trainer manuals are available for the "Tread to Safety" fall prevention curriculum for seniors.
- Promotion of fall prevention for children through assembly and classroom presentations.
- Brochures and fact sheets available for parents and caregivers.

Intentional InjuriesViolence/Suicide Prevention

Committee for Children 2203 Airport Way S.	The Committee for Children works to prevent child exploitation (abuse and violence) through curricula, videos and training.
Seattle, WA 98134 (206) 343-1223	Child abuse prevention curriculum is: "Talking about Touching" (preschool to grade 3) Youth violence prevention curriculum is:
1-800-634-4449	"Second Step" (sequenced for grades 1-9).
www.ofchildren.org	Youth violence prevention teacher training and child abuse prevention trainer training workshops are available.
	■ There are fees for all materials; call for a current catalog.
Mothers Against Violence in America (MAVIA)	Non-profit, non-partisan educational organization with a focus on youth violence prevention and grassroots advocacy.
105 14 th Ave Suite 2A Seattle, WA. 98122	S.A.V.E.—Students Against Violence Everywhere—A program
Pam Eakes	of MAVIA is organized throughout the state in various schools. Contact MAVIA to find out how to help set up a program in local
(206) 323-2303	communities.
www.mavia.org	
East Region EMS & Trauma Care Council	Reach outwith Hope: A suicide awareness program. The program teaches: 1) magnitude of the problem, 2) warning signs,
5521 N Wall St. Spokane, WA. 99205	3) first aid tasks and, 4) community outreach. Each class is about 1-5 hours long.
(509) 326-6499 Fax (509) 326-6579	Presentations are free of charge.
email: ippe@eastregion-ems.org	
www.eastregion-ems.org	
National Parent Teacher Association (PTA)	Provides information related to violence prevention and the role of schools and parents together.
330 Wabash Ave Suite 2100 Chicago, IL. 60611	Contact you local PTA chapter for community partnerships.

www.mavia.org

Parent Trust for Washington Children

1-800-932-HOPE (4673)

- Offers parent support groups around the state, including a network of Latino support groups.
- Manages the Family Help line, which parents can call for support, advice and referrals.

Greater Lakes Mental Health Care 9330 59th SW Lakewood, WA 98499

Lifeline Institute (Crisis Line)

(253) 584-8933 (24 hours)

- While Lifeline Institute focuses on Pierce County, it also provides referrals to services in other counties. Population served is age 18 and younger.
- Client services available in Pierce County include: education and training for local agencies dealing with youth; risk assessment for high risk youth; consultation on a case-specific basis; and, brief intensive treatment.
- Community services: suicide prevention newsletter; workshops and seminars; curriculum development; and, community education.

REAGA (Regional Education Alliance on Gang Activity)

Puget Sound Educational Services District 12320 - 80th Avenue South Seattle, WA 98178

Michelle Hinson

(206) 772-6944

- REAGA is a cooperative effort of Puget Sound-area school districts, law enforcement agencies, businesses and parents, formed to deter gang influence in the schools.
- Resources available include a videotape "The Gang's All Here" for school administrators, teachers, law enforcement agencies and parents; and a school administrator's handbook on "Gangs and Campus Violence". The video and the handbook are \$20.00 each, tax included. REAGA maintain a resource library of videos and publications regarding gangs and violence.
- In-service training on gangs is available to school districts. There is no fee for member districts; a small fee for non-member districts.

Spokane Child Abuse and Neglect Center (SCAN)

South 500 Stone Spokane, WA 99202

(509) 458-7445

Sue Hill

SCAN provides parent education and support, basic needs and Indirect Services involving child abuse and neglect.

Spokane Police Department W. 1100 Mallon Spokane, WA 99260	Community safety education To Educate And Motivate (TEAM).Different "prevention" curriculum for grades 1-6.
(509) 625-4170	
Team Director	
Washington Coalition of Sexual Assault Programs	Works primarily through/with Community Sexual Assault Programs.
2415 Pacific Ave NE Olympia, WA. 98501	Provides information and technical support related to prevention of sexual violence through community development model.
Suzanne Brown or Gayle Stringer (360) 754-7583	Contact you local sexual assault program for brochures, information and collaboration.
www.wcsap.org	
Washington Council for the Prevention of Child Abuse and Neglect 318 1st Ave. S, Suite 310	 Funds 16 child abuse prevention programs in the state. Educational and resource material on child abuse prevention, available, including working papers that can be copied. Some
Seattle, WA 98104-2546	material for loan only.
Kikora Dorsey, Executive Director (206) 464-6151	Offers technical assistance, resource information and training on research and best practices in family support.
email: wcpcan@dshs.wa.gov	Sponsors activities to promote public awareness, including Children's Day, Child Abuse Prevention Month, Shaken Baby Syndrome prevention and the Blue Ribbon Campaign.
Washington State Coalition Against Domestic Violence	Works with community based domestic violence shelters and programs.
8645 Martin Way NE Suite 103 Lacey, WA. 98516 (360) 407-0756	Collaborative effort with Washington State Department of Health to train peri-natal providers.
www.wcsap.org	Recommend others make contact with their local domestic

violence program/shelter for information and collaboration.

Washington State Youth Suicide Prevention Program

2400 NW 80th St. #131 Seattle, WA. 98117-4449

Sue Eastgard (206) 297-5922

<u>Eastgard@mindspring.com</u> http://depts.washington.edu/ysp

- Provides training and consultation to schools and communities regarding youth suicide prevention methods.
- Promotes community-based prevention strategies.
- Supports youth-developed media campaigns to raise awareness of youth suicide as a public health problem.
- Printed materials are available at no charge through the Washington State Department of Health Warehouse (call 360-236-3675 for order form)

For Community Public Health and Safety Network contacts established by the youth violence legislation to impact intentional injury in local communities, see the listing of local health districts/departments in the General Resources section, page 41-43.

General Resources

Brain Injury Association of Washington (BIAW)

16315 NE 87th Suite B4 Redmond, WA 98052

(425) 895-0047

Richard Wilson

biawa@biawa.org

- BIAW develops head injury prevention strategies and programs, does public education and awareness-raising about head injury, has a clearinghouse of information and resources available, and works to establish rehabilitation programs.
- There are trainings on head injury-related topics and a newsletter is available.
- Memberships range from courtesy to \$500.

Camp Fire Boys and Girls

Central Puget Sound Council 8511 - 15th Ave. N.E. Seattle, WA 98115

(206) 461-8550

In Pierce County & SW Washington (253) 627-8153

Stania Casjan

See the telephone book for your local Camp Fire office

- Self Reliance classes that teach safety techniques are offered and may be scheduled at any school or preschool upon request:
- **"I Can Do It."** In this course your first through third grade child can gain self-confidence as he or she is taught to be aware of danger and learns safety skills. Children learn how to get help and how to be their own best friend. Through stories and games, children learn how to handle themselves when they are on their own.
- "I'm Safe and Sure." For the Preschool or Kindergarten child. Children learn about fire, stranger and home safety; the importance of rules and honesty; and how to deal with conflicts. Through flannel board stories, games and singing, children learn skills that build self-confidence.
- **"Count on Me" Kids.** This program teaches kids important lessons about self-esteem, friendship, safety, peer pressure, and healthy life-styles. Songs, games, and hands-on activities make this a fun class for first and second graders.
- Programs are available for teenagers in both general babysitting and babysitting for developmentally disabled children.
- Phone Friend: The After School Helpline is available for children Monday–Friday, 2:30 to 6:00 p.m. at 1-800-543-8255. The Helpline is staffed by volunteers trained to help children make their own decisions.

Center for Childhood Safety

MultiCare Mary Bridge Children's Hospital and Health Center PO Box 5299 M/S: T1-CS 1112 S 5th St. Tacoma, WA 98415 (253) 403-1234

Nancy Pullen

Nancy.Pullen@Multicare.org

- Program implementation focused on helmet use promotion, child passenger safety, drowning prevention and tobacco use prevention. Materials available on most of these topics.
- Weekly child safety seat checkups.
- Life jackets loaned at no cost, child safety seat checks, short-term safety seat loans and \$5 custom-fit bike helmets.
- Childhood injury prevention speakers available.
- Love and Logic parenting classes.
- Safe Sitter classes.
- Lead agency for Pierce County & Kitsap County SAFEKIDS Coalitions.
- Some services also available in Bremerton and Olympia.

Children's Resource Center

Children's Hospital and Regional Medical Center P.O. Box C5371 4800 Sand Point Way NE Seattle, WA 98105

Family Resource Center (206) 526-2201 Children's Resource Line (206) 526-2500

1-877-526-2500 select option 4 to request materials

- Information, educational materials and programs are available on childhood injury prevention topics via Children's Resource Line and the Parent Resource Center. Focus areas include water safety, booster seats, gun storage, bike helmets, scooter safety and home safety.
- Most materials are available for loan or free of charge in limited quantities. Health educators also provide program consultation.
- Children's Health and Patient Education Database. Search for injury prevention resources produced by children's organizations. Database includes over 3,500 materials available at Children's Resource Center.

Harborview Injury Prevention & Research Center

Box 359960 325 - 9th Avenue Seattle WA 98104

(206) 521-1520 Fax (206) 521-1562

http://depts.washington.edu/hiprc/childinjury/

Educational materials available on many topics. A catalog of materials, a listing of injury research articles, and a community guide for developing local programs are available.

National PTA/Washington State PTA

2003 65th Avenue West Tacoma, WA 98466 (253) 565-2153

1-800-562-3804 (9am-1pm)

- Provides injury prevention, safety resources and materials developed by the national and state PTA. Resources are available to local PTAs and other community groups.
- Materials focus on motor vehicle, pedestrian, bicycle and school bus safety; childcare and child abuse; alcohol and other drug abuse prevention; and latchkey programs.
- Serves as a conduit for cooperating agencies and Washington Children's Safety network members' information.

Think First of Washington

Harborview Medical Center Department of Neurosurgery 325 - 9th Avenue, Box 359766 Seattle, WA 98104

(206) 521-1778

Fax (206) 521-1218

Michelle Perrin

email: think1st@u.washington.edu

- This 45-60 minute program is given in school assembly setting to junior and senior high school students. The program uses testimonials of head and spinal cord injured teenagers; "In Harm's Way," a video tape using different scenarios of high risk activities; and a speaker.
- Travel and honorarium costs for student speakers are required; communities can buy the videotape for use in a local area.

Totem Girl Scout Council

P.O. Box 300304 Seattle, WA 98103-9704

(206) 633-5600 or 1-800-552-0669

See local phone book for Girl Scout Council in your area.

- Multi-faceted safety instruction with special focus on bicycle, water, home, and fire safety. For troop leaders and others involved with Girl Scouts
- Materials and instruction available primarily to members with willingness to share materials with other organizations.

U.S. Consumer Product Safety Commission

10842 SE 208th #273 Kent, WA. 98031

Eugene Staebell

(253) 631-6806 1-800-638-CPSC (2772)

(Nationwide hotline to report dangerous products and for recorded information.)

email: eugeneestaebell@cpsc.gov

http://www.cpsc.gov

- CPSC has staff available for safety presentations, but only to large, multiplier groups. The Commission's national toll-free hotline (1-800-638-CPSC) is available to listen to recorded safety information and to report potentially hazardous consumer products.
- CPSC has consumer product-related injury statistics available by writing: National Injury Information Clearinghouse, CPSC, Washington, D.C. 20207-0001
- Materials are free of charge in limited quantities. They may be reproduced without permission. CPSC would like to know how they are being used.

Washington State Department of Health

Office of Emergency Medical and Trauma Prevention (OEMTP) 2725 Harrison Ave. NW #500 P.O. Box 47853 Olympia, WA 98504-7853

Kathy Williams

(360) 705-6738 or

(800) 458-5281 ext. 5 (in-state)

Fax (360) 705-6706

e-mail:

Kathy. Williams@doh.wa.gov

or

Kristin Reichl

(360) 705-6733

1-800-458-5281 ext. 7

email: <u>Kristin.Reichl@doh.wa.gov</u>

http://www.doh.wa.gov/hsqa/emtp

- Consultation, technical assistance, and some resources available to public and private entities in the state. Programs available include: "Sober Roadways for Washington," "Saved by the Helmet (Bicycle) Club," and injury prevention training for EMS personnel. The office also provides support to the eight EMS/Trauma regions throughout the state, each of which has their own injury prevention activities and programs.
- Reduction of impaired driving, falls among older adults, bicycle helmet and safety promotion, child car seat promotion, violence/gang prevention, poison-proofing the home, drowning prevention, child pedestrian injury prevention, and fire/burn prevention.
- Contact the Prevention Coordinator in your region for programs.
- The OEMTP has educational materials, posters and/or brochures on the following injury topics:
 - Airbag safety
 - Bicycle safety
 - Child passenger safety
 - Consumer products safety
 - Crib and playpen safety
 - Dog safety and dog bite prevention
 - Drowning prevention and water safety for all ages
 - Drug and alcohol impaired driving
 - Equestrian safety
 - Fire and burn prevention
 - Motorcycle safety
 - Pedestrian safety
 - Seat belts and motor vehicle occupant protection
 - Skateboard/inline skate safety
 - Youth suicide prevention

Contact the Prevention Coordinator below for programs in your area

Central Region Alan Abe, Prevention Coordinator

(King) King County EMS 999 3rd Ave., Suite 700

Seattle, WA 98104-4039

(206) 296-0202 Fax (206) 296-4866

email: alan.abe@metrokc.gov

East Region J.

(Adams, Asotin, Ferry, Garfield, Lincoln, Pend Oreille, Spokane,

Stevens, Whitman)

Jack Hendrix, Prevention Coordinator East Region EMS & Trauma Council

5521 North Wall St. Spokane, WA 99205 (509) 326-6499

Fax (509) 326-6579

email: ippe@eastregion-ems.org

www.eastregion-ems.org

North Region

(Island, San Juan, Skagit, Snohomish,

Whatcom)

Heidi Dean, Prevention Specialist

North Region EMS & Trauma Council

325 Pine, Room D

Mount Vernon, WA 98273

(360) 428-0404 Fax (360) 428-0406

email: nremstcc@fidalgo.net

North Central Region

(Chelan, Douglas, Grant, Okanogan)

Mel Coffman, Prevention Coordinator

North Central Region EMS & Trauma Council

P.O. Box 2897

Wenatchee WA 98807

(509) 664-4032 Fax (509) 664-0112 email: mcoffman@gte.net

Northwest Region

(Clallam, Jefferson, Kitsap, Mason)

Ruby DeSantis, Prevention Coordinator

Northwest Region EMS & Trauma Council

P.O. Box 5179

Bremerton, WA 98312-0489

(360) 479-5631 Fax (360) 479-5772

email: nwems@hurricane.net

South Central Region-Eastern

Section

(Benton, Columbia, Franklin, Walla

Walla)

Keith Ramsay, Prevention Coordinator

Richland Fire Dept.

1000 George Washington Way

PO Box 190 MS #16 Richland, WA. 99352 (509) 942-7551

Fax (509) 942-7575

email: mailto:kramsay@ci.richland.wa.us

South Central Region - Western

Section

(Kittitas and Yakima)

Barbara Clarke, Administrator

South Central Region EMS & Trauma Council

1776 Fowler #4 Richland, WA. 99352 (509) 374-0416 Fax (509) 374-8416

email: scregems@sunnyside.org

www.scregems.org

Southwest Region

(Clark, Cowlitz, Klickitat, So. Pacific,

Wahkiakum)

Sonya Goodrich, Prevention Coordinator

Southwest EMS & Trauma Council

212 NE 83rd St.

Vancouver, WA 98665

(360) 576-8197 Fax (360) 576-8483

email: sonyag@swems.com

West Region

(Grays Harbor, Lewis, No. Pacific,

Pierce, Thurston)

Jackie Roberts, PreventionCoordinator West Region EMS & Trauma Council

2703 Pacific Ave., Suite D Olympia, WA 98501 (360) 704-2795 Fax (360) 704-2796 email: wrems@aol.com http://www.wrems.com/ Washington State Department of Health

Washington State Injury Prevention Program New Market Campus, Building 11 P.O. Box 47832 Olympia, WA 98504-7832

(360) 236-3602

Fax (360) 753-9100

Manager:

Ilene Silver

Ilene.Silver@doh.wa.gov

Data:

James Jones (360) 236-3603

James.Jones@doh.wa.gov

Intentional Injury:

Debbie Ruggles (360) 236-3675 Debbie.Ruggles@doh.wa.gov

Statewide Safe Kids:

Mary Borges (360) 236-3606

Mary.Borges@doh.wa.gov

- Contact this office for statewide injury data and reports, and about community-based injury prevention projects.
- Intentional injury prevention.
- For local jurisdiction contacts for unintentional and intentional injury prevention, call Ilene Silver or the health district/department listed on the next pages.

Adams County Health District Callie Moore RN, Director Nursing Services

(509) 659-0090, ext. 261 Fax (509) 659-4109

http://www.co.adams.wa.us/

Asotin County Health District Carmel Donohue/Administrator

(509) 758-3344 Fax (509) 758-8454

email: achd@clarkston.com

Benton-Franklin Health Annie Goodwin

Department (509) 943-2614 ext. 222 Fax (509) 546-2916

email: annieg@bfhd.wa.gov
http://www.bfhd.wa.gov

Bremerton-Kitsap Health Meg Hagemann, Health Educator

Department (360) 478-5235 ext. 7004

Fax (360) 478-5298

http://www.wa.gov/kitsaphealth

Chelan-Douglas Health District Greg Story

(509) 886-6482 Fax (509) 886-6478

story@health-chelan-douglas.w.gov

Clallam County Health & Human

Services Department

Thomas H. Locke MD

(360) 4172437 Fax (360) 417-2470

tlocke@co.clallam.wa.us

Columbia County Health Janet Ihle

District Personal Health Director

(509) 382-2181 Fax (509) 382-2942

Cowlitz County Health

Department

Les Monroe RN, Public Health Nurse

(360) 414-5599 Fax (360) 425-7531

http://www.co.cowlitz.wa.us/

Garfield County Health District Patty Appel, RN

Director Nursing Services

(509) 843-3412 Fax (509) 843-1935

email: pappel@co.garfield.wa.us

Grant County Health District Peggy Grigg RN, Director of Personal Health

(509) 754-6060 Fax (509) 754-0941

pgrigg@ep.co.grant.wa.us

Grays Harbor Health Department Kathy Gibbs, Director of Nursing

(360) 532-8665 Fax (360) 533-1983

Island County Health Department Susan Wagner, Injury Prevention Specialist

(360) 679-7350 Fax (360) 679-7390

Jefferson County Health & Human

Services

Jean Baldwin BA, BSN

(360) 385-9408 Fax (360) 385-9401

email: jbaldwin@co.jefferson.wa.us http://www.co.jefferson.wa.us/health/

Kittitas County Health Department Ann Riley, Injury & Disease Prevention Program

(509) 962-7003 Fax (509) 962-7581

www.co.kittitas.wa.us/health

Klickitat County Health Stacy Doss

Department (509) 493-1558

Fax (509) 773-5991

Lincoln County Health Department Sheri Bartlett

(509) 725-1001 ext 31 Fax (509) 725-4104

email: sbartlett@co.lincoln.wa.us

Lewis County Health Department Kathy Gibbbs RN, Nursing Supervisor

(360) 740-1362 Fax (360) 740-1472

email: ksgibbs@co.lewis.wa.us

Mason County Health Department Steve Kutz

(360) 427-9670 Fax (360) 427-7798

email: shk@co.mason.wa.us

Dorothy Mc Bride ARNP MN **Northeast Tri-County Health**

Director Community Health Services District

(509) 684-1301 (Ferry, Pend Orielle, Stevens) Fax (509) 684-1002

email: http://www.plix.com/~com/NETCHD/index.htm

Okanogan County Health District Lori Albert

(509) 422-7156 Fax (509) 422-7142

email: lalbert@co.okanogan.wa.us

http://www.okanogancounty.org/ochd/index.htm

Pacific County Health Department Kathy Spoor, Nursing Director

> (360) 875-9343 Fax (360) 875-9323

email: kspoor@co.pacific.wa.us

www.co.pacific.wa.us

San Juan County Health &

Community Services

Joann Campbell RN MPH, Nursing Director

(360) 378-4474 Fax (360) 378-7036

email: joannec@co.san-juan.wa.us

Seattle-King County Department of

Public Health

Tony Gomez (206) 296-4205

Fax (206) 296-0208

email: tony.gomez@metrokc.gov

www.metrokc.gov/health

Mary Skjei, RN **Skagit County Health Department**

> (360) 336-9477 Fax (360) 336-9401

Vicki Walton, Health Educator **Snohomish Health District**

> (206) 339-5230 Fax (206) 339-5216 www.snohd.org

Southwest Washington Health

District

Therese Falkner (360) 397-8444 Fax (360) 397-8424 Spokane County Health District Linda Jackson, Health Educator

(509) 324-1538 Fax (509) 324-1599

email: <u>ljackson@spokanecounty.org</u> <u>www.spokanecounty.org/health</u>

Tacoma-Pierce County Health

Department

John Britt, MPH (253) 798-2881 Fax (253) 798-7627

email: john_britt@co.pierce.wa.us www.healthdept.co.pierce.wa.us

Thurston County Health

Department

Sherri McDonald, Deputy Director

(360) 786-5581 ext 7680 Fax (360) 754-5594

email: mcdonas@co.thurston.wa.us www.co.thurston.wa.us/health

Wahkiakum County Department of

Health

Craig Wells (360) 795-6207 Fax (360) 795-6143

wellsc@co.wahkiakum.wa.us

Walla Walla County-City Health

Department

Vikki Davis BSN, Personal Health Director

(509) 527-3290 Fax (509) 527-3264

email: vdavis@co.walla-walla.wa.us

Whatcom County Health

Department

Janet Davis (360) 676-6720 Fax (360) 676-7646

email: health@co.whatcom.wa.us

http://www.co.whatcom.wa.us/Health/home.htm

Whitman County Health

Department

Fran Martin, Director Personal Health Services

(509) 397-6280 Fax (509) 397-6239

email: franm@co.whitman.wa.us

http://www.palouse.org/whitman/Services/PubHealth/

Yakima Health District Director Community Health

(509) 249-6506 Fax (509) 575-7894

www.co.yakima.wa.us/commsvcs/csmain.htm

Washington State Fire Marshall Office

Karen Jones, Deputy State Fire Marshall

(360) 705-5774

Fax (360) 586-0316

Risk Watch provided injury prevention curricula for preschool through 8th grade. Risk Watch, developed by the National Fire Protection Association, covers the eight leading causes of injury to children: Motor vehicle safety; fire & burn prevention; choking, suffocation & strangulation prevention; poisoning prevention; falls prevention; firearms prevention; bike & pedestrian safety; and water safety. The curricula learning objectives are linked to Washington State essential learning requirements. Contact the State Fire Marshall's Office to find out if your community has a Risk Watch program.

Washington State Medical Association

2033 - 6th Avenue, Suite 900 Seattle, WA 98121

(206) 441-9762

Jennifer Hanscom

Assistance in distributing injury prevention information to the medical community and limited staff involvement in specific injury prevention projects.

National Safe Kids Campaign Washington SAFE Kids Coalition Washington State Department of Health

Mary Borges, Coordinator (360) 236-3606 Fax (360) 753-1900

email: Mary.Borges@doh.wa.gov

- The National Safe Kids Campaign has both local and statewide coalitions throughout the U.S. whose mission is to reduce preventable childhood injuries.
- Target Audience is children 0-14 years related to unintentional injury.
- Contact the County Safe Kids Coalition or Chapter in your area. (Listed below and on the next page).

County Safe Kids Coalition/Chapters

Benton-Franklin CountiesBenton-Franklin Health District

Annie Goodwin

(509) 943-2614 ext 222

email: annieg@bfhd.wa.gov

or

Jerry Tyler

(509) 943-2614 ext 254 email: jerryt@bfhd.wa.gov

Clark County Regional Emergency Services

Brenda Randall

(360) 737-1911 ext 3973

brenda.randall@co.clark.wa.us

Kittitas County EMS Division

Cheryl L. Burrows (509) 962-7683 kcems@elltel.net

Kitsap County Mary Bridge Children's Hospital & Health Center

Marcy Powell (360) 478-8124

marcy.powell@multicare.org

Lower Columbia-Cowlitz County Progress Center

Debra Norton (360) 425-9810 Nortfam@tdn.com

Peninsula Jefferson/Clallam Olympic Medical Center

Counties Rhonda LoPresti

(360) 417-7780

rlopresti@olympicmedical.org

Pacific County Ralph Walter

South Bend Police Dept.

(360) 875-5444

Pierce County Mary Bridge Children's Hospital & Health Center

Suzanne Mayr (253) 403-7911

email: suzanne.mayr@multicare.org

Providence General Medical Center **Snohomish County**

> Mary Wahl & (425) 261-3727

mwahl@providence.org

or

Shannon Wilner (425) 261-3748

swilner@providence.org

Spokane County Spokane Regional Health District

> Ana Matthews (509) 324-1415

amatthews@spokanecounty.org

Thurston County City of Olympia

> Patty Layton (360) 753-8284

email: playton@ci.olympia.wa.us

or

Mary Snow

email: msnow@ci.olympia.wa.us

Walla Walla and Columbia

Blue Mountain Safe Kids **Counties**

City of Walla Walla Fire Department

LeAnne Crossland (509) 527-4429

email: lcrossland@ci.walla-walla.wa.us

Whitman County Colfax Fire & Rescue

> Ralph Walter (509) 397-3416 fyrfyr@hotmail.com

Yakima County Yakima Valley Memorial Hospital

> Linda Larkin-Slegel (509) 577-8484

Linda.larkin-slegel@yrmh.org

References

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- Committee on Trauma Research, Commission on Life Sciences, National Research Council and the Institute of Medicine. Injury in America: A Continuing Public Health Problem. Washington, D.C.: National Academy Press, 1985.
- 2. Rice DP, MacKenzie EJ & Associates. The Cost of Injury in the United States: A Report to Congress. San Francisco, CA: Institute for Health and Aging, University of California and Injury Prevention Center, The Johns Hopkins University, 1989.
- 3. U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics: Health United States 1996-97 Injury Chartbook, DHHS Publication No. (PHS) 97-1232-1 July 1997.
- 4. Washington Traffic Safety Commission. Traffic Collisions in Washington State, Olympia, WA, July 1997.
- 5. National Committee for Injury Prevention and Control. Injury Prevention: Meeting the Challenge. New York: Oxford University Press, 1989.
- 6. Morrow PL, Hudson, P. Accidental firearm fatalities in North Carolina, 1976-80. Am J Public Health 1986;76(9): 1120-3
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